

SOUTHPORT'S 5 STAR HIDDEN GEM

Gino and Lisa opened their doors to the mezze and tapas loving customers in 2005, since then our many satisfied customers have become part of our family.

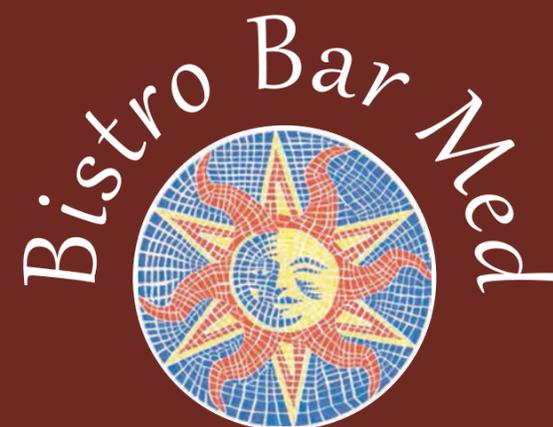
We have been awarded No:1 Best Restaurant in Southport for the last 5 consecutive years by Trip Advisor and only restaurant with 5 star hygiene rating for the last 10 years.

We pride ourselves on using and cooking locally sourced and produced fresh ingredients to the highest standards and serving with impeccable customer care.

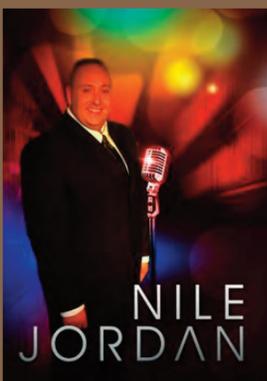
We have various themed nights with 4 course à la carte meal, please check our website for the upcoming events. We cater for all our customers special requirements, please let us know if you have any allergies or dietary needs. All our food is cooked from fresh so we kindly request our customers be patient.

We hope that , you have enjoyed our mediterranean experience and thanks for your custom.

See you again very soon.



MEZZE & TAPAS MENU



Theme Nights

Rock & Roll
Soul & Motown
Elvis & the Beatles
70's & 80's

LIVE ENTERTAINMENT
NIGHTS THROUGHOUT
THE YEAR WITH NILE
JORDAN 4 COURSES
ONLY £29.95

*Booking essential to avoid
disappointment



Turkish Nights - (Every
Fortnight 8pm til late)*
*An Experience not to be
missed!!*

Traditional Turkish night
with set 4 course à la carte
meal.

Exclusive Live Belly Dance
Show, dance til late!
From £25.00 per person
please call for available
dates.

We do require a £10.00pp
deposit to secure your table.

Bistro Bar Med Tapas & Theme Bar

01704 512009

www.bistrobarmed.com



TURKISH / GREEK MEZZES

COLD GREEK MEZZES

- HOUMUS** £3.25 (v)
(Chickpeas, garlic, tahini, olive oil & lemon juice)
- OLIVES** £3.25 (v)
(Black & green olives in garlic, olive oil and herbs)
- FETA MEDITERRANO** £3.25 (v)
(Cubes of feta cheese served with tomato and cucumber)
- AUBERGINE PUREE** £3.50 (v)
(Cooked aubergines pureed with garlic, olive oil and peppers)
- TATZIKI** £3.25 (v)
(Yoghurt, diced cucumber, mint, dill, garlic and olive oil)
- TARAMASALATA** £3.25
(Cod roe with Marie Rose sauce and lemon juice)
- TAHINI** £3.25 (v)
(Sesame paste, garlic, lemon juice and sesame oil)

All cold mezzes served with olive oil and mixed herbs hot pitta bread.

ALL ABOVE SERVED AS A COMBINATION TO SHARE £20



HOT TURKISH MEZZES

- YAPRAK SARMA** £4.25 (v)
(Vine leaves filled with rice, sultanas, raisins, pine nuts served warm with salad)
- IZGARA HELLIM** £4.25 (v)
(Grilled halloumi served on a toasted ciabatta, cube tomatoes)
- SIGARA BOREGI** £4.25 (v)
(Filo pastry filled with feta cheese and parsley)
- BIBER DOLMA** £4.75 (v)
(Stuffed pepper filled with Med rice, herbs and mixed fruit and raisins)
- ETLI BIBER DOLMA** £4.95
(Stuffed pepper filled with mince, med rice, tomatoes and onions)
- KARNIYARIK** £5.95
(Half of aubergine filled with mince, aubergine puree, garlic, herbs, topped with mozzarella cheese and baked in the oven)
- SHAKSHUKA** £4.50 (v)
(Roasted aubergine, courgettes, potatoes and tomatoes with garlic served with minted yoghurt)
- SUCUK IZGARA** £4.25
(Chargrilled Turkish garlic and spiced pepperoni served with chopped salad)
- ETLI KURUFASULYE** £5.95
(Diced lamb cooked with white beans, sweet pepper, onions, tomatoes)



SPANISH TAPAS MENU

- ALBONDIGAS** £5.25
(Authentic Spanish Meatballs cooked with rich tomato sauce, red wine and herbs)
- CHORIZO** £5.25
(Spicy sausage flamed in brandy and cooked with red wine, tomato sauce and bay leaves)
- PATATAS BRAVAS** £4.95
(Crispy spiced potatoes cooked with onions, paprika, Tabasco, herbs topped with saba & mayonnaise, suitable for V's)
- LANGOSTINOS AL AJILLO** £5.50
(King prawns cooked with garlic, olive oil, sweet chilli, herbs, brandy, white wine)
- CALAMARI FRITO** £5.25
(Lightly battered squid rings deep fried and served with salad garnish and garlic mayo)
- CHANQUETES FRITO** £5.25
(Deep fried and bread crumbed whitebaits served with salad garnish and lemon wedge)
- MEJILLONES EN SALSA BLANCA** £5.25
(Green lip mussels cooked with cream, garlic and white wine, herbs)
- MEJILLONES EN SALSA ROJA** £5.25
(Green lip mussels cooked with tomatoes, red wine, garlic and herbs)
- SARDINAS A LA PLANCHA** £5.50
(Grilled fresh sardines served with salad garnish & lemon mayonnaise)
- BOQUERONES TOSTADO** £5.25
(Toasted bread slices topped with fresh anchovies, sundried tomato and olive oil)
- TORTILLA ESPANOLA** £4.95
(Authentic Spanish omelette served with salad garnish, suitable for V's)
- BROCHETAS DE POLLO Y CHORIZO** £5.25
(Grilled diced chicken, chorizo, peppers served on a skewers with salad and salsa dip)
- BROCHETAS DE LANGOSTINOS** £5.25
(Grilled king prawns served on skewers with salad garnish and sweet chilli sauce)
- POLLO ESPANOL** £5.50
(Strips of chicken cooked with red wine, onions, peppers and spicy tomato sauce)
- CAZUELA DE CARNE** £5.95
(Chunks of beef slow cooked with carrots, shallots, bacon, garlic and red wine)
- ESTOFADO DE CORDERO** £5.95
(Chunks of lamb slow cooked with paprika, garlic, rosemary, onion, thyme and white wine)

CARNE DE CERDO PICANTE £5.95
(Chunk of pork cooked with tomato, garlic, smoked paprika, herbs and rose wine)

QUESO DE CABRA FRITO CON CEBOLLA ROJA £5.25
(Bread crumbed goat cheese balls deep fried and served with caramelised red onions, V)

PATATAS CORTIJERAS CON CHORIZO £5.75
(Spiced potatoes cooked with onions, peppers and chorizo served with scrambled egg)

All our tapas served with crusty bread.

WHY DON'T YOU TRY OUR SPECIAL SANGRIA TO COMPLIMENT YOUR TAPAS.

175ml £3.50 250ml £4.50 JUG £15.50

SIDE ORDERS

- GARLIC BREAD V £3.50
- MED SPECIAL GARLIC BREAD EXTRA V £4.25
- CHUNKY CHIPS V £3.75
- SPICY WEDGES V £3.25
- WARM CRUSTY BAGUETTE £1.25
- PIDE BREAD £1.00
- ADDITIONAL DIPS £0.75

ALL TAPAS DISHES COOKED FROM FRESH SO IT TAKES TIME PLEASE BE PATIENT.

DESSERTS

Please ask a member of staff for our fresh selection of desserts.

